All services are FREE & voluntary

Eligible Service Population

The eligible Client population consists of Families with an active Service Member or Veteran that is either expecting a Child or has at least one Child age zero (0) to seventeen (17).

Service Area

Waller North East Harris Montgomery Counties



CONTACT US:

Kelli Avellaneda, SMVF Project Manager 832-432- 7167 www.metinc.org

> P.O.BOX 1838 New Caney, Texas 77357



Service Members, Veterans & Families

SMVF Program

Through supports such as parenting, education and youth development this program:

- Builds on the strengths of both caregivers and children to promote strong families; Partners with military and veteran caregivers to support positive parental involvement in their children's lives;
- Partners with military and veteran caregivers to maximize their ability to give their children emotional, physical and financial support; and
- Builds community coalitions focused on promoting positive outcomes for children, youth and families.

Home Visiting

The certified Parent Educator will take a holistic approach to strengthening families. Through our evidence-based early childhood home visiting model, we provide services to pregnant women and families with children from birth through kindergarten.

GOALS

- Increase parent knowledge of early childhood development.
- Increasing children's school readiness and success.
- Provide early detection of developmental delays and health issues.



Nurturing Parenting Classes

The Nurturing Parenting Program targets families with children birth to 18 years. The programs feature activities to foster positive parenting skills with nurturing behaviors, promote healthy physical and emotional development, and teach appropriate role and developmental expectations. (8 parenting sessions)

GOALS

- Empower individuals and families with new knowledge, beliefs, strategies and skills to make good healthy lifestyle choices.
- Address the uniqueness military parents face in raising their children.
- Gain more knowledge under deployment, reuniting, staying connected, keeping the relationship together and PTSD.



Youth Empowerment Classes

Youth Empowerment Solutions is an evidence-based program that empowers youth to make positive changes in their communities and to work with adults to support their efforts. The goals of the YES program are to provide youth with opportunities for meaningful involvement in preventing youth violence and creating community change, to enhance the ability of adults to support youth in an empowerment framework, and to change the social and physical environment to reduce and prevent violence (especially youth violence).

(8 sessions)

GOALS

- Provide youth with opportunities for meaningful involvement in preventing youth violence and creating community change.
- Enhance the ability of adults to support youth in an empowerment framework.
- Change the social and physical environment to reduce and prevent violence (especially youth violence).

