



NEWS RELEASE

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Limited spots remain for Run and Done 3.1 race

THE WOODLANDS, TEXAS (March 23, 2023) – The annual Run and Done 3.1 event returns to The Woodlands Waterway on April 8, 2023, beginning at 7 a.m. at 2099 Lake Robbins Drive, The Woodlands, TX 77380. This popular race, produced by The Woodlands Township Parks and Recreation Department, is a USA Track and Field (USATF) sanctioned event.

The Chip-timed 5K course will wind along the Waterway, giving runners a chance to take in the scenic view while enjoying the fun in this friendly competition. The 5K race is open to runners of all abilities and recommended for participants ages 10 and older. Runners will be able to compete for the titles of Overall Winner Male and Female, Overall Masters Winner Male and Female (40 years and over) and Top three Male and Female finishers in each age category. [View Course Map](#)

After the race, registered participants and their guests can enjoy an egg hunt in Town Green Park! Egg hunt participants must be accompanied by a registered athlete with a race bib. The egg hunt will begin at 8 a.m. and will continue while supplies last. Baskets/buckets are not provided.

Don't delay! Registration is limited and this event has historically sold out is expected to reach capacity. View complete race information and register [online](#). Run and Done 3.1 is sponsored by Memorial Hermann Sports Medicine & Rehabilitation, The Strong Firm, and H-E-B.

Participant parking will be available at the Gold Lot and Town Center Parking Garage (2005 Lake Robbins Drive) as well as the orange, green, blue and yellow lots along Timberloch Place, courtesy of Timberloch, Inc. *Please note, Bag Drop will not be available onsite.

Packet Pickup:

Wednesday, April 5, 2023, through Thursday, April 6, 2023
12 to 6 p.m.

The Woodlands Township Townhall
2801 Technology Forest Blvd.

(Please enter through the Board Chambers entrance.)

Race results to be posted no later than 5 p.m. Saturday, April 8. [View Race Results](#)



Participants are highly encouraged to sign up for text alerts by texting **RUNANDDONE23** to **877-949-3956**. Any day of updates, delays or other important information will also be posted to this page and the [Parks and Recreation Facebook Page](#).

To register for this event online, please visit www.thewoodlandstowship-tx.gov/calendar.

For more information about The Woodlands Township, please visit www.thewoodlandstowship-tx.gov or call 281-210-3800.



THE WOODLANDS, TEXAS
RUN AND DONE 3.1

