



NEWS RELEASE

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The Woodlands Township lifeguards clinch top two at state championship

THE WOODLANDS, TEXAS (August 9, 2023) – The Woodlands Township lifeguards concluded their competition season with a top-two finish at the State Lifeguards Championship on July 31, 2023. The Woodlands Township team narrowly missed the top spot by a scant 0.2 points, securing second place.

“Our lifeguards work diligently to keep swimmers safe in our community pools,” said John McGowan, Director of Parks and Recreation at The Woodlands Township. “Township lifeguards consistently place among the best in area competitions, and we are proud of their continued success and commitment to keeping our residents and visitors safe.”

Hosted by the Texas Public Pool Council at the Jack Carter Pool in Plano, the State Lifeguard Championship required lifeguards to compete in multiple scenarios including first aid rescues, spinal rescues and multiple victim rescues. Township lifeguards placed second in Scenario One, first and third in Scenario Two, and second in Scenario Three.

Teams also competed in a scanning exercise. Scanning is a critical skill for lifeguards wherein they continuously observe and assess the pool for swimmers in distress or at risk of drowning.

The Woodlands Township lifeguard state competition team included Aidan Clayton, Mary Frederick, Harrison Griffith, Griffin Keene, Sam Kosieja, Maddie Petrie, Kate Pittenger, John Podowski, Kris Schneider and Abby Sralla. The Woodlands Township Lifeguard Competition teams are managed and trained by Lifeguard Coordinator Drew Fenner and Seasonal Zone Coordinator Mary Frederick.



The Woodlands Township lifeguards swam to a second-place finish at the State Lifeguard Championship on July 31, 2023. From left: Mary Frederick, Harrison Griffith, John Podowski, Cynthia Roberts, Griffin Keene, Aidan Clayton, Chase Henderson, Kate Pittenger, Kris Schneider, Sam Kosieja, Abby Sralla, Maddie Petrie and Drew Fenner.