

# EMERGENCY RESPONSE FOOD DRIVE

to benefit local, homebound seniors

**MEALS ON WHEELS** MONTGOMERY COUNTY

For years, Meals on Wheels Montgomery County has worked to stock the shelves of our most at-risk neighbors. As we navigate uncharted territory around COVID-19, delivering these shelf stable items is more important than ever before.

You can help by donating the following items ... because no one deserves to have an empty pantry, especially at times like this.

## ITEMS TO DONATE

### SHELF STABLE FOODS

*There is a critical need for these items right now! Low sodium preferred*

- Vegetables
- Soup
- Beans
- Tuna fish / chicken
- Peanut butter
- Crackers / graham crackers
- Oatmeal, individual packets
- Powdered milk

### LIQUID MEALS

*Chocolate, vanilla, or strawberry flavors preferred*

- Ensure Original
- Glucerna Original

## DONATION DROP OFF

2235 Lake Robbins Dr., The Woodlands, at the loading dock on the right side of the building

Monday – Friday, 7am – 2pm

Questions? Text 832.559.0398

*Unlike Breakfast Bags, this food does not need to be packaged into brown bags.*

