



THE WOODLANDS TOWNSHIP

Tennis Academy

Instructor Bios | Class information

Important Information

Age Groups

Rookies |Ages 5 – 8

- Beginner & Intermediate

Challengers|Ages 9 – 12

- Beginner & Intermediate

Aces|Ages 12 – 17

Zat & Champs|10 – 18

Adult 18+

Wheelchair Tennis

- Open to any age

Instruction Types

Group Lessons

- Schedule listed in Action Guide & Online
- Group of 4 people or more (depends on instructor)

Private Lessons

- Schedule not Listed in Action Guide & Online
- 1 on 1 instruction with Instructor of your choice
- Dates, Times an fees are flexible and are coordinated with instructor

Semi-Private Lessons

- Schedule not Listed in Action Guide & Online

How to Register

Online

- <https://apm.activecommunities.com/wcsparksandrec/Home>

Over the Phone

- 281-210-3948
- 281-516-7348

Coach Kirsty Berthelot

Beginner & Intermediate Rookies
Beginner & Intermediate Challengers
Adult Skills & Drills



Contact: 225-241-6388
kirstylew@yahoo.com

Certifications

USPTA Certified

Education

LSU in Mass Communications and has a Masters Degree in Public Relations

Teaching Experience

Taught both Adults and Juniors at State and National level

Playing Experience

Lettered at LSU from 1992-1996, playing both doubles and singles

Coach Connie Grzebielucha

Beginner & Intermediate Challengers
Adult Skills & Drills



Education

B.S. degree in Physical Education; Masters Degree in Exercise Science

Teaching Experience

Has been teaching tennis for Parks and Rec. in The Woodlands since 2006

Playing Experience

Competitively Playing for 27+ years

Contact: 936-522-6385
conniegrzebielucha@gmail.com

Coach Carmen Benedetti

Beginner & Intermediate Rookies

Beginner & Intermediate Challengers

Adult Skills & Drills



Bilingual - Spanish

Contact: 713-410-8019

Orn.tennis@gmail.com

Teaching Experience

20+ years teaching tennis. Group and private lessons. Focused in 10 years and under.

Playing Experience

- 1st place in 10, 12, 14, 16 and 18 years old in state competitions. 1990-98.
- Ranked #3 nationally on categories 10, 12 and 14 years old. 1990-94.
- Achieved semi-finals in National Tournament single and double. 18 years old. 1998.
- 1st place in tournament, 3rd category. Aug. 2011
- 1st place Latin America Tennis Doubles Invitational Tournament.

Coach Tammy Crawford

Intermediate Rookies

Beginner & Intermediate Challengers

Adult Skills & Drills



Contact: 210-414-143356
tlctennis@mac.com

Education

LSU in Mass Communications and has a Masters Degree in Public Relations

Teaching Experience

- 15+ Years Tennis Experience
- Has taught juniors to adult levels
- Has coached USTA women's teams from 3.0-4.0 level that have advanced to sectionals and national level
- Currently holds a NTRP rating of 5.0
- Assistant tennis pro - The Club at Sonterra
- Assistant tennis pro - Fair Oaks Ranch CC

Playing Experience

Lettered at LSU from 1992-1996, playing both doubles and singles

Coach Nicole Bonnet

Beginner & Intermediate Rookies
Beginner & Intermediate Challengers
Adult Skills & Drills



Contact: 713-504-8593
njbonnet@gmail.com

Certifications

PTR Certified

Education

Graduated from IUT Mesures Physiques of
Montpellier France

Teaching Experience

20 + years - kids 10 and under

Playing Experience

Lettered at LSU from 1992-1996, playing both
doubles and singles

Coach Ben Philipose

Youth, Zat, Champs
Adult Skills & Drills



Contact: 713-231-8178
b_jaminp@yahoo.com

Teaching Experience

6 years with The Woodlands Township

Playing Experience

20 plus years

Coach Vern

Beginner & Intermediate Challengers

Beginner & Intermediate Adult Skills & Drills



Contact: 713-870-2299

vswisher63@msn.com

Certifications

- USPTA Elite Professional
- Physical Fitness Specialist
- Texas Teach Certificate - Health and Physical Education
- USTA High Performance Coach

Teaching Experience

- 20+ Years Tennis Experience
- Head Tennis Coach/Teen Leadership
- Health teacher - Magnolia West
- Coaching Director - Giammalva Tennis
- Head Tennis Coach - Episcopal High School
- Head Tennis Pro
 - Coached the Ivory Coast National Tennis Team
 - Trained the International West African Tennis Teams

Coach Diego Chapela

Tiny Tennis

Beginner & Intermediate Rookies

Beginner & Intermediate Challengers

Adult Skills & Drills



Bilingual - Spanish

Contact: 281-706-3952

dctennis@yahoo.com

Teaching Experience

7 Years

Playing Experience

Over 20 years

Coach Ken Sjoberg

Beginner & Intermediate Rookies
Beginner & Intermediate Challengers
Aces & Elite
Adult Skills & Drills



Bilingual - Spanish

Contact: 281-451-8782
kstennisusa@gmail.com

Certifications

USPTA Certified Pro

Teaching Experience

- 10+ years teaching experience
- National Jr. Champion - 14 and Under
- Ranked #1 in Texas at the 4.5 level, in 2002

Coach Lupe Cantu

Beginner & Intermediate Rookies
Beginner & Intermediate Challengers
Adult Skills & Drills



Bilingual - Spanish

Contact: 281-224-6901

thewoodlandstennis@gmail.com

Certifications

USPTA Certified

Education

- Hardin Simmons University, Abilene, TX; Bachelor of Science in Kinesiology
- Bachelor of Science in Spanish

Teaching Experience

- Head Tennis Professional - Kingwood Athletic Club
- Head Tennis Coach- Humble High School and Aldine Senior High School

Playing Experience

- 2006 Mixed Doubles State Champions
- 2006 Men's 35 Singles Finalist Houston

Coach Miguel Osio

Beginner & Intermediate Rookies

Beginner & Intermediate Challengers

Adult Skills & Drills



Bilingual - Spanish

Contact: 225-241-6388
kirstylew@yahoo.com

Teaching Experience

- ITF Certificate of Attendance to International Day Update "The rules of tennis are also changing in our schools". National Development Plan for Tennis conducted by the Venezuelan Tennis Federation and the International Tennis Federation (Oct. 2011)
- International Certification in Linear Speed, Plyometric, Agility, Functional Training and lateral movements by STROOPS, ORTHOS Training School in Barcelona, Spain (May 2011)
- International Certification as Instructor, Trainer and Coach. Functional Training by the FTHP Institute (Functional Science Institute, Applied Research and Practice), (Oct. 2011)
- International Certifications in Smart + Hard, High Performance & Speed, and Beyond your VO2 Max. International Convention New Fitness ERA 2012. ORTHOS, Barcelona, Spain (Mar. 2012)
- International Certification as Master Trainer. Functional Training by the FTHP Institute (Apr. 2012)

Playing Experience

- Tennis Player Category OPEN USTA Tournaments (2014):
- 8th Annual Rally for The Cure Tennis Open Singles - Finalist
- Woodlands Centre Court Adult Open Singles - Semi Finals
- Woodlands Centre Court Open Doubles - Finalist
- 20 plus years

Contact

832-403-0901

Miguel@tuestasaqui.com

Coach Javier Valenzuela

Beginner & Intermediate Challengers
Adult Skills & Drills



Bilingual - Spanish

Contact: 225-241-6388
kirstylew@yahoo.com

Certifications

- PTR Certified Pro
- PTR Certified Wheelchair Instructor
- Certified Mental Toughness Specialist from HPI.

Education

- B.S. in Biochemistry
- M.S. in Biochemistry
- Ph.D. in Microbiology, Immunology, and Cancer Biology

Teaching Experience

8+ years

Playing Experience

20+ years

Contact

612-360-3700

javierv001@gmail.com

Coach Jose Chavez

Beginner & Intermediate Rookies

Beginner & Intermediate Challengers

Adult Skills & Drills



Bilingual - Spanish

Contact: 713-933-4748

josechaveztennis@hotmail.com

Education

Came from Mexico on a tennis scholarship and went to school at Arkansas State University graduated with a B.S. in Education

Teaching Experience

- Teaching tennis professionally since 1983 currently coaches at Tomball H.S.
- The Houston City Club, University Club, Metropolitan Racquet Club, Lost Forest Tennis Club, Wimbledon Tennis Club

Coach Fred Farrokhi

Beginner & Intermediate Rookies
Beginner & Intermediate Challengers
Adult Skills & Drills



Bilingual - Spanish

Contact: 281-881-7522
tennisforlife@att.net

Certifications

USPTA Certified

Education

- B.A. Communications - California State University Fullerton
- B.S. Business/ Finance - Iowa State University

Teaching Experience

- Professionally teaching with The Woodlands Township since 2008

Playing Experience

- Played Tennis for over 35 years
- Competed in France, California and Latin American Clubs